

The YMCA of Fredericton is honoured to announce that Cindy Pope is this year's recipient of the prestigious YMCA Peace Medallion.

For over 20 years, Cindy Pope has donated her precious time to give back to both her local community and the global community. Cindy's friends describe her as a collaborator and a connector. She is the driver of many partnerships and has surrounded herself with a network of like minded people that have contributed so much to this city.

Cindy consistently thinks of others on both a local scale and a global scale.

When the Fredericton Public Library reached out for support to launch the Community Fridge, Cindy was able to leverage a partnership with Scholtens to provide a bounty of healthy food for those in need.

During the Harvest Music Festival, while Cindy was busying her days with volunteering, she realized all of the apples on her tree were ripe. Knowing that she would not have time to do anything with them, she and her daughters harvested the apples and delivered them to the Food Bank where they were used the next day in the Learning Kitchen to teach guests how to make apple sauce.

Her impact can be felt in Belize where she co-founded an organization called "The Canadian Friends of St. Hilda's School" that provides a scholarship that benefits 1 - 3 students each year.

Cindy invests a considerable amount of time with the United Way, the Kidney Foundation of Canada, Harvest Music Festival, Greener Village, Run for the Cure, Brain Tumour Foundation of Canada and 100 Women Who Care Fredericton.

Cindy's volunteering and mobilizing of people towards just causes demonstrates her commitment to building peace within our community. We are grateful for peacemakers like Cindy in our community.