



# National Truth & Reconciliation Day (Saturday Sept 30) Aquatics Schedule



	Lap	Leisure
8:00 AM	Lane Swim 8:00-9:45 ↑↓↑↓	Adult Leisure 8:00-9:45
8:15 AM		
8:30 AM		
8:45 AM		
9:00 AM		
9:15 AM		
9:30 AM		
9:45 AM	Family Swim 10:00-11:00	
10:00 AM		
10:15 AM		
10:30 AM	Family Swim 11:15-12:15	
10:45 AM		
11:00 AM		
11:15 AM	Family Swim 12:30-1:30	
11:30 AM		
11:45 AM		
12:00 PM	Rental Group 2:00-3:00 ↑↓	
12:15 PM		
12:30 PM		
12:45 PM	Lane Swim 1:45-3:00 ↑↓	Adult Leisure 1:45-3:30
1:00 PM		
1:15 PM	Lane Swim 3:00-3:30 ↑↓↑↓	
1:30 PM		
1:45 PM		
2:00 PM		
2:15 PM		
2:30 PM		
2:45 PM		
3:00 PM		
3:15 PM		

- Lane Swim (10+)
- Adult/Preadult (16+)
- Recreational

**Holiday Building Hours**  
8:00 AM - 4:00 PM



*Building healthy communities*

- Directional arrows indicate the number of lanes available for lane swim.
- Please refer to pool rules AND admission standards prior to usage.
- Contact 462-3000 ext. 108 or [kathleen.kowalchuk@ymcafredericton.org](mailto:kathleen.kowalchuk@ymcafredericton.org) for more information.

**Sign up is required for all Recreational Swims (Family).  
Members call the Welcome Desk starting at 1:00 PM the day prior to the swim to reserve a spot.**