



# HOLIDAY FOOD DRIVE

## December 1 - 15



### Help Us Help Others This Holiday Season

Please drop off your non-perishable items between **December 1 - 15** at the YMCA of Fredericton - 570 York Street. Boxes will be set up in the lobby to receive donated items.

### Suggested Items

Cereal

Peanut Butter

Stuffing

Boxed Potatoes

Macaroni

Canned Tomatoes

Canned meat

Mayo or Ketchup

Apple Sauce

Canned Fruit

Pudding

Granola bars



# Thank you for your support!





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### **Suggested Items**

Cookies

Canned meat

Rice

Instant Oatmeal

Pasta

Spaghetti Sauce

Soup

Canned Stew

Canned

Vegetables

jam



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### **Suggested Items**

Toothbrushes

Toothpaste

Body wash

Shampoo

cereal

oatmeal

granola bars

pasta

spaghetti sauce



# **Thank you for your support!**